

MAY 2017 BREAKFAST & LUNCH MENU

**** FREE BREAKFAST AND LUNCH FOR ALL STUDENTS AT LCA ****

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|--|---|---|--|---|
| <p>1 B = Breakfast item, fruit & milk</p> <p>HL = Hot Dog w/ roll, veggie & fruit</p> | <p>2 B = Breakfast item, fruit & milk</p> <p>HL = Taco Boat with all the fixing</p> | <p>3 B = Breakfast item, fruit & milk</p> <p>HL = Hamburger on roll, chips, tomato, lettuce & pickle</p> | <p>4 B = Breakfast item, fruit & milk</p> <p>HL = Pasta w/ meat sauce & hot bread stick</p> | <p>5 B = Breakfast item, fruit & milk</p> <p>HL = Pizza w/ side salad</p> | <p>**BREAKFAST & LUNCH IS FREE FOR ALL STUDENTS**</p> <p>MILK ONLY IS \$0.50/DAY</p> <p>Breakfast – Students must take milk with breakfast (chocolate or 1% white) and fruit.</p> <p>All lunches (hot “HL” and sandwiches) come with veggies, fruit & choice of skim or 1% milk. Sandwiches are made on whole wheat bread. Fruit cups and carrot/celery sticks are offered at every lunch.</p> <p><u>COLD LUNCHES OFFERED DAILY:</u></p> <p>Choose one:</p> <p>Peanut Butter & Jelly Ham w/ Mayonnaise or plain Turkey w/ Mayonnaise or plain Tuna</p> <p>OR</p> <p>Chef Salad w/ Pita Bagel and Yogurt Cup Bagel & Cheese Stick</p> <p>..... All lunch menus will be posted on LCA’s website: lawrencecatholicacademy.net Any questions you can e-mail: mloughlin@lawrencecatholicacademy.org</p> |
| <p>8 B = Breakfast item, fruit & milk</p> <p>HL = Grilled Cheese Sandwich w/ 3 Bean Salad & chips</p> | <p>9 B = Breakfast item, fruit & milk</p> <p>HL = Hamburger on roll, chips, tomato, lettuce & pickle</p> | <p>10 B = Breakfast item, fruit & milk</p> <p>HL = Spaghetti & meatballs w/ hot roll</p> | <p>11 B = Breakfast item, fruit & milk</p> <p>HL = Mac-n-Cheese with meatballs & veggie</p> | <p>12 B = Breakfast item, fruit & milk</p> <p>HL = Pizza w/ carrots & dip</p> | |
| <p>15 B = Breakfast item, fruit & milk</p> <p>HL = Beef Taco w/ black beans & fixings</p> | <p>16 B = Breakfast item, fruit & milk</p> <p>HL = Chicken Parm Sub w/ chips & veggie</p> | <p>17 B = Breakfast item, fruit & milk</p> <p>HL = Hamburger on roll, chips, tomato, lettuce & pickle</p> | <p>18 B = Breakfast item, fruit & milk</p> <p>HL = BBQ Chicken w/ corn bread & corn on the cob</p> | <p>19 B = Breakfast item, fruit & milk</p> <p>HL = Pizza w/ side salad</p> | |
| <p>22 B = Breakfast item, fruit & milk</p> <p>HL = Chicken Burrito Bowl **new**</p> | <p>23 B = Breakfast item, fruit & milk</p> <p>HL = Grilled Cheese Sandwich with Cucumber Salad & chips</p> | <p>24 B = Breakfast item, fruit & milk</p> <p>HL = Pulled Pork Sandwich w/ pasta salad & veggie</p> | <p>25 B = Breakfast item, fruit & milk</p> <p>HL = Hamburger on roll, chips, tomato, lettuce & pickle</p> | <p>26 B = Breakfast item, fruit & milk</p> <p>HL = Pizza w/ carrots & dip</p> | |
| <p>29 MEMORIAL DAY</p> | <p>30 B = Breakfast item, fruit & milk</p> <p>HL = Mac-N-Cheese w/ Chicken Nuggets & veggie</p> | <p>31 B = Breakfast item, fruit & milk</p> <p>HL = Hamburger on roll, chips, tomato, lettuce & pickle</p> | <p>6/1 B = Breakfast item, fruit & milk</p> <p>HL = Nachos w/ all the fixings</p> | <p>6/2 B = Breakfast item, fruit & milk</p> <p>HL = Pizza w/ carrots & dip</p> | |