

MARCH 2017 BREAKFAST & LUNCH MENU

**** FREE BREAKFAST AND LUNCH FOR ALL LCA STUDENTS **** No meat will be served on Friday's during Lent

Monday	Tuesday	Wednesday	Thursday	Friday	
6 B = Breakfast item, fruit & milk HL =Sloppy Joe w Carrot Sticks and Tater Tots	7 B = Breakfast item, fruit & milk HL = Pulled Pork Over Rice With Veggie & Roll	8 B = Breakfast item, fruit & milk HL = Pasta w/ Meat Sauce, Bread Stick & Veggie	9 B = Breakfast item, fruit & milk HL = BBQ Chicken w/ Sweet Potato Bites and Italian Bread	10 B = Breakfast item, fruit & milk HL = Pizza & Salad	<p>**BREAKFAST & LUNCH IS FREE FOR ALL STUDENTS*</p> <p>**MILK ONLY IS \$0.50 per DAY (Lunch)**</p> <p>Breakfast – Students must take milk with breakfast (chocolate or 1% white) and fruit.</p> <p>All lunches (hot “HL” and sandwiches) come with vegetable, fruit & choice of skim or 1% milk. Sandwiches are made on whole wheat bread. Fruit cups and carrot/celery sticks are offered at every lunch.</p> <p>COLD LUNCHES OFFERED DAILY: Choose one:</p> <p>Peanut Butter & Jelly or Peanut Butter Ham w/ Mayonnaise or plain Turkey w/ Mayonnaise or plain Tuna</p> <p>OR</p> <p>Chef Salad w/ Pita Bagel and Yogurt Cup & Fruit Bagel and Cheese stick & Fruit</p> <p>..... All lunch menus will be posted on LCA’s website: lawrencecatholicacademy.net Any questions you can e-mail: mloughlin@lawrencecatholicacademy.org</p>
13 B = Breakfast item, fruit & milk HL =Mac – n – Cheese with a side of Hamburger Sauce w/ Green Beans	14 B = Breakfast item, fruit & milk HL = Grilled Chicken Burrito Bowl with Side of Rice & Veggie ***new item***	15 B = Breakfast item, fruit & milk HL = Elbows w/ Sauce and Giant Meatball	16 B = Breakfast item, fruit & milk HL = Chicken Soup with Grilled Cheese Sandwich	17 B = Breakfast item, fruit & milk HL = Pizza & Carrot Sticks w/ dip	
20 B = Breakfast item, fruit & milk HL = Hot Dog, Chips & Veggie	21 B = Breakfast item, fruit & milk HL = Crispy Chicken Bites w Mashed Potato & Veggie ***new item***	22 B = Breakfast item, fruit & milk HL = Chicken Parm Sub with French Fries	23 B = Breakfast item, fruit & milk HL = Hamburger with French Fries	24 B = Breakfast item, fruit & milk HL = Pizza with Side Salad	
27 B = Breakfast item, fruit & milk HL =Nachos With all the Fixings	28 B = Breakfast item, fruit & milk HL = Mac-n-Cheese with Crescent Dogs & Veggie ***new item***	29 B = Breakfast item, fruit & milk HL = B.L.T (bacon, lettuce & tomato) with 3 Bean Salad & Chips ***new item***	30 B = Breakfast item, fruit & milk HL =Chicken Ziti and Broccoli w/ Hot Roll	31 B = Breakfast item, fruit & milk HL = Pizza w/ Carrots & Dip	