




**APRIL 2017 BREAKFAST & LUNCH MENU**

**\*\* FREE BREAKFAST AND LUNCH FOR ALL LCA STUDENTS \*\*** No meat will be served on Friday's during Lent

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>3 B = Breakfast item, fruit &amp; milk</p> <p>HL = Beef Taco w/ all the fixings &amp; rice w/ corn</p>	<p>4 B = Breakfast item, fruit &amp; milk</p> <p>HL = BBQ Chicken, mashed potato &amp; Broccoli</p>	<p>5 B = Breakfast item, fruit &amp; milk</p> <p>HL = Hamburger on w.w. roll w/ lettuce, tomato &amp; pickle &amp; smiley fries</p>	<p>6 B = Breakfast item, fruit &amp; milk</p> <p>HL = Chicken Fajita w/ black beans &amp; veggie</p>	<p>7 B = Breakfast item, fruit &amp; milk</p> <p>HL = Pizza &amp; Salad</p>	<p><b>**BREAKFAST &amp; LUNCH IS FREE FOR ALL STUDENTS*</b></p> <p><b>**MILK ONLY IS \$0.50 per DAY (Lunch)**</b></p> <p>Breakfast – Students must take milk with breakfast (chocolate or 1% white) and fruit.</p> <p>All lunches (hot “HL” and sandwiches) come with vegetable, fruit &amp; choice of skim or 1% milk. Sandwiches are made on whole wheat bread. Fruit cups and carrot/celery sticks are offered at every lunch.</p> <p><b>COLD LUNCHES OFFERED DAILY:</b> Choose one:</p> <p>Peanut Butter &amp; Jelly or Peanut Butter Ham w/ Mayonnaise or plain Turkey w/ Mayonnaise or plain Tuna</p> <p><b>OR</b></p> <p>Chef Salad w/ Pita Bagel and Yogurt Cup &amp; Fruit Bagel and Cheese stick &amp; Fruit</p> <p>..... All lunch menus will be posted on LCA's website: lawrencecatholicacademy.net ..... Any questions you can e-mail: mloughlin@lawrencecatholicacademy.org</p>
<p>10 B = Breakfast item, fruit &amp; milk</p> <p>HL = Beef taco boat w/ all the fixings</p>	<p>11 B = Breakfast item, fruit &amp; milk</p> <p>HL = Pulled Pork Sandwich w/ green beans &amp; chips</p>	<p>12 B = Breakfast item, fruit &amp; milk</p> <p>HL = Hamburger on w.w. roll w/ lettuce, tomato &amp; pickle &amp; smiley fries</p>	<p>13 B = Breakfast item, fruit &amp; milk</p> <p>HL = Grilled Cheese &amp; tomato soup</p>	<p align="center"><b>NO SCHOOL GOOD FRIDAY</b></p>	
<p>17</p> <p align="center"><b>APRIL</b></p>	<p align="center"></p>	<p align="center"></p>	<p align="center"></p>	<p align="center"><b>VACATION</b></p>	
<p>24 B = Breakfast item, fruit &amp; milk</p> <p>HL = Nachos w/ all the fixings</p>	<p>25 B = Breakfast item, fruit &amp; milk</p> <p>HL = Crispy Chicken Bites with french fries and fruit cup</p>	<p>26 B = Breakfast item, fruit &amp; milk</p> <p>HL = Teriyaki Stir-fry over rice, w/ egg roll &amp; fortune cookie</p>	<p>27 B = Breakfast item, fruit &amp; milk</p> <p>HL = Hamburger on w.w. roll w/ lettuce, tomato &amp; pickle</p>	<p>28 B = Breakfast item, fruit &amp; milk</p> <p>HL = Pizza w/ carrots &amp; dip <b>**Side addition Pepperoni or bacon bits</b></p>	